



*"Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation."*

**Our Vision:** *"We strive to be a haven of healing, reconciliation, joy and peace in service to our wider community and beyond, so that our example in prayer and practice may reflect Christ's love for us all."*

## THIS SUNDAY – MARCH 15TH, 2026

# THROUGH HIM, BELIEVING IS SEEING

### Seeing Through God's Eyes

Our human experience teaches us how vital the sense of sight is for our daily lives. Not being able to see well, or not at all, due to the absence of light or to a defect of our eyes is a powerful hindrance and handicap.

There are people who have been born blind, and also those who have lost their sight at some point in their lives. With the advances of medicine, most eyesight deficiencies can now be cured, but unfortunately not all of them can.



Due to the significant role that seeing plays in our knowledge of the world which surrounds us, seeing has often been likened to knowing in our minds, and being enlightened is the expression we normally use to refer to inner spiritual awakening or revelation.

What we also have come to understand is that the way we perceive the world with our physical eyes is totally conditioned. It is not only conditioned by the physical laws of optics, which teach us how light does not always give us accurate perceptions of the objects around us, but also by the conditioning of our minds.

The way young children see the world, for instance, is quite different from the perception of adults. Children see with virgin eyes. They notice more, and they are in awe when they discover something new. Most adults, on the other hand, are so focused on their self-centered busyness, that they hardly notice the wonder that surrounds them. Unfortunately, with the increasing use of intelligent phones and tablets, even young children are now failing to notice the real world surrounding them.

What does it mean, then, to truly see? To see through God's eyes?

In the reading from 1 Samuel this Sunday, the writer points out that God does not see people as we do, but He sees "with the eyes of the heart", meaning that He can perfectly discern our true character and intentions, our true being, not based on physical appearance, but on the nature of our true self.

In his letter to the Ephesians, St. Paul calls Christ's followers "children of light", as opposed to the darkness in which they lived before they knew Christ. For St. Paul, living in the light is equivalent to doing what is pleasing to God, and the fruits of the light are to be found in "all that is good and right and true."

This Sunday's Gospel reading brings us the narrative in which Jesus heals the man who had been blind since birth. This narrative takes us through a battle between darkness and light in a deep spiritual sense.

The Pharisees, blinded by their narrow preconceptions about who can or cannot come from God, try by all means to discredit Jesus' healing of the blind man, and even reject this person when he refutes their arguments and acknowledges that only one coming from God can do what He did.

It is significant to notice how this man who was born blind had more light in him than those who claimed to see, not only physically, but also with their minds.

Then Jesus summarizes the truth of this contradiction in these words, addressed to the spiritually blind Pharisees, "If you were blind, you would have no sin. But now that you say, 'We see', your sin remains."

Seeing through God's eyes, then, is essentially, as the Collect for this Sunday highlights, opening our hearts and minds to receive "the true bread of life which gives life to the world, that He may live in us, and we in Him." In this mutual living we find the true life, and this life, as St. John clearly states in his prologue to his Gospel, "is the Light of the World." May we always have this light and see.

*Fr. Carlos Expósito, Rector*

## READINGS FOR THE FOURTH SUNDAY IN LENT

1 Samuel 16:1-13 + Ephesians 5:8-14 + John 9:1-14  
+ Psalm 23

# CALENDAR

Note: We worship in our historic church. The service will also be on Zoom. The service time is 10:00 AM. Tuesday Noon Mass is held in All Saints' St. Mary Chapel.

**SUNDAY**     **March 15th, 2026**     **The Fourth Sunday in Lent**

**10:00 AM Mass in All Saints' Church**

Join Zoom Meeting from our web site at [www.allsaintschurch.org](http://www.allsaintschurch.org)

Recording of Mass available before noon at [www.allsaintschurch.org](http://www.allsaintschurch.org)

**Christian Formation and First Communion Instruction for Children**

Ages 5 - 12 in the Parish Hall from 10:00 AM - 10:45 AM

**Christian Formation for Adults (the 2<sup>nd</sup> and 4<sup>th</sup> Sundays)**

Youth and adults around Noon after the Mass in the Library

Recording of Mass available before noon at [www.allsaintschurch.org](http://www.allsaintschurch.org)

## OUR CORE VALUES:

- Welcoming strangers like old friends
- Embracing the Anglo-Catholic tradition
- Being dependable members of a caring community
- Respecting each other's differences
- Being faithful stewards of God's gift
- Remembering that God loves everyone unconditionally

An Anglo-Catholic Parish in the Episcopal Diocese of San Diego

[www.allsaintschurch.org](http://www.allsaintschurch.org)

[www.edsd.org](http://www.edsd.org)